

THE GROVE S

Outdoor Pursuits

AXE THROWING

Roll up your sleeves, channel your inner warrior and aim for the bullseye! You'll have a qualified instructor by your side and won't need a licence.

ARCHERY SESSIONS

Join our GB-qualified archery instructor who will be on hand to offer all participants one-to-one instruction and guidance.

LASER CLAY SHOOTING

The perfect activity for teams that enjoy some healthy competition, our laser clay shooting takes place in our popular Walled Garden.

BIKE RIDES

Take advantage of the beautiful surroundings or simply get some fresh air between conference sessions with a guided bike ride.



Fitness Activities

FITNESS CLASSES

Choose from a wide range of classes, including HIIT, pilates and boot camps, which can be arranged indoors or outside.

YOGA CLASSES

Yoga can be delivered in your choice of setting or in the studio, outside of peak class times. Choose from power yoga or hatha, with vinyasa flow.

RUNNING SESSIONS

Let one of our instructors guide you through our 300-acre estate with a route tailored to your individual requirements.

SWIMMING SESSIONS

Book exclusive use of either our indoor or outdoor swimming pool after hours, complete with your own lifeguard team of two.





Sporting Activities

GOLF

Follow in the footsteps of Tiger Woods with a golf experience on our picturesque 18-hole championship course.

FOOTBALL

Enjoy a game on our full-sized football pitch or on our small five-a-side football pitch in the Walled Garden.

TENNIS

Make use of our on-site tennis courts in the Walled Garden, complete with your very own tennis coach to provide guidance.





Nature Tours

FORMAL GARDENS TOUR

Take a walk through the Formal Gardens with our Head Gardener, who will talk about designs, techniques, tips and seasonal highlights.

WALLED GARDEN TOUR

Discover the permaculture ethos behind the design of the Walled Garden with a tour, courtesy of our Head Gardener.

HAWKING WALK

Enjoy a gentle stroll through our woodland with our spectacular birds of prey who will glide through the trees and land on your glove!





Team Building Partners

Get the team together for a truly memorable experience at The Grove using one of our recommended suppliers.

EXAMPLE ACTIVITIES

- Crystal maze geocaching
- Ninja workout
- Design, build and race your own carts
- Team movie creations
- Spy academy
- Survive or thrive bushcraft skills

HOLLAND & HOLLAND

The Holland & Holland Shooting Grounds has provided world-class shooting tuition since 1939 and remains the premier destination to fire shotguns and rifles.

ASHRIDGE HORSE TREKKING

Experience the ride of a lifetime at the beautiful Ashridge Estate, just down the road from The Grove. Suitable for smaller parties.





Other Activities

From culinary lessons to cocktail-making masterclasses, we are happy to create bespoke activity packages tailored to your needs. Simply speak with a member of our events team to discuss your ideas.

Scan QR code to find out more



