

ANGELS & URCHINS

2nd MAY / MUU: 20,000



Theme Park Heaven

Love them or hate them, a theme park is a bit of a rite of passage. Suzie is a fan, Emily remembers her day at Chessington with 3 under 3 akin to the Seven Circles of Hell. The seasonal ones (Legoland, Chessington et al) are all opening over the Easter holidays so it felt time for a round up of what is new and where to stay. Embrace the full on experience and stay on site or escape and stay nearby. No prizes for guessing which option the two editors above would go for!

Counting Gringotts at The Making of Harry Potter

Be one of the first to visit the brand new Gringotts Wizarding Bank experience which opens on 6 April at the Warner Bros. Studio Tour London – The Making of Harry Potter. You can walk through Gringotts, see a gallery of goblins and surround yourself with treasure in the Lestrange vault...not to mention all the other sights to see there too!



STAY: One of the best places nearby to stay is [The Grove](#), just 5 minutes drive away. Embrace a bit of bling at this gorgeous hotel set in 300 acres of parkland, there's plenty of space for outdoor fun - be it on foot, on a bike or a Segway! The Grove also has a dedicated children's pool, kids' club and heaps of activities to keep little ones entertained. A night's stay in a family room, based on two adults and two children (4-12) sharing (bed & breakfast) is £500 (excluding Saturday nights or a bank holiday weekends) [thegrove.co.uk](#)

The Sunday Telegraph

Brexit Party beats Tories in general election poll

Fare predicted to win more votes than Conservatives and gain 49 seats in Commons

By Edward Malnick
SUNDAY POLITICAL EDITOR

THE Brexit Party has overtaken the Conservatives in national polling for the first time, with Nigel Farage predicted to win 49 seats in a general election, a bombshell poll reveals.

A ComRes poll found that if a general election campaign led by Theresa May took place now, it would put the Tories on course for their worst results in history – apparently confirming the fears of Conservative MPs and activists in uproar over the Prime Minister's handling of Brexit.

Labour would become the largest party by a margin of 137 seats, allowing Jeremy Corbyn to lead a minority government as the Tories fell to third place in terms of vote share.

Brandon Lewis, the party chairman, Penny Mordaunt, the Defence Secretary, and Matt Hancock, the Health Secretary, would be among 46 Tories to lose their seats to the Brexit Party, just one month after its launch, according to predictions based on the poll.

19pc

Predicted general election vote share of the Conservative Party, according to the ComRes poll – its lowest in history

commissioned by Brexit Express. Boris Johnson, Iain Duncan Smith and Sir Graham Brady, the chairman of the 1922 committee, would be ousted by Labour, with the Tories retaining support from less than half of those who voted for them in 2017.

The poll found that the Conservatives would fall to fourth place in the European Parliament elections on May 23, with the Brexit Party gaining the highest share.

The survey is likely to be seized on by the growing numbers of Tory MPs publicly calling for Mrs May to

resign.

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Jeans at the theatre get a dressing down



Jihadists use Instagram to recruit new Isil followers

By Charles Hymas
HOME AFFAIRS EDITOR

ISIL extremists are using Instagram to promote jihad and incite support for terror attacks on the West, an investigation by *The Sunday Telegraph* has found.

They are circumventing the platform's security checks to post images and text celebrating the killings of "kafir" (unbelievers) accompanied by images of dead soldiers and beheadings, as well as threatening terrorist atrocities on the scale of the Sri Lankan suicide bombings that claimed 253 lives.

Some posts brazenly use Isil's logo or images of Abu Bakr al-Baghdadi, the self-proclaimed leader of the Islamic State of Iraq and the Levant (Isil), and urge followers to join jihad.

The investigation exposes serious flaws in the way social media giants prevent extremists exploiting them to promote their causes.

It also found live-streamed footage of white supremacists Brenton Tarrant's attack on mosques in New Zealand was still up on Facebook's site two months after the atrocity in which 51 people, including children, were fatally shot.

After being alerted to the posts by *The Telegraph*, Instagram and Facebook removed the accounts and video, insisting they would not tolerate terrorism on their sites.

However, Ben Wallace, the security minister, said the investigation showed the platforms failing to do enough to block extremists that could radicalise others. "It's vital tech companies do more to ensure their platforms are not used for these purposes," he said.

Yvette Cooper, chairman of the home affairs select committee, said the discovery was "an utter disgrace".

"We have challenged the companies many times on the way their money-making algorithms are promoting extremism – these companies are profiting from pushing poison," she said. The *Continued on Page 2*

Daphne Selfe, who at 90 is the world's oldest model, told *The Telegraph's Stella Live* event yesterday that she felt "ashamed" when she saw theatre-goers turn up wearing jeans instead of smart trousers. "It's disrespectful to the actors," she said. *Reports, Page 7*

Hospital fined for false imprisonment after refusing to let patient go

By Henry Bodkin
HEALTH CORRESPONDENT

AN NHS hospital has become the first

briefed nursing home. Legal experts say the High Court judgment, which imposed "exceptional" aggravated damages on the trust, sets a precedent.

In June 2011, doctors arranged to discharge her into a care facility two hours from her family home, deliberately informing her children too late for them

The Sunday Telegraph Sunday 12 May 2019

PEOPLE & PLACES

ROSIE GREEN SPA STRUCK



Massages and mimosas – that's my kind of place

When the mercury rises we all want to escape our shoebox living spaces and the humid

horrors of public transport. Instead, we feel a need to be

surrounded by nature, to be outdoors and in wide-open spaces – preferably with cold rosé on tap at all times.

The hotel's restaurant, The Glasshouse, will reopen tomorrow with a new concept and looks set to be a summer hit – all light and airy, with triple-height glass windows and a fresh, seasonal menu of dishes from around the world. It's a buffet concept – think Crustacean Station, Live Tandoor Oven and Action Salad Bar – or, as the press release describes it, a "luxury food hall" (and what one friend calls the "plate of plenty").

I went there over the Easter holiday weekend, when the weather was glorious and the hotel was at its best. There's an outdoor swimming pool where you can sip prosecco and watch dads throw their offspring in the air; a sandy "beach" area next to the pool; expansive lawns

surrounding it where kids (and big kids) can roam free; and extensive grounds in which to wander (just look out for flying golf balls).

The hotel's spa, Rebalance and Restore Treatment (£175 for 1hr 50min), which was total

bliss. If you are feeling in need of serious rejuvenation, try a Hydrafacial. Approved by dermatologists, it delivers visible results using a hand-held device that suctions grime out of your pores while pushing in ingredients with moisturising, radiance-boosting and protective qualities. (Be warned, sensitive types might not tolerate it – but it's especially good for the acne-prone.) I also booked a power yoga session with Andrea Symons, perfectly pitched for my ability (low).

We stayed in the main house and our mansion room was elegant, with period features and a decadent bathroom. Rooms here are more expensive than in the West Wing, but the latter have a "conference hotel" vibe. The place was busy, but it never felt overcrowded.

The spa at The Grove is a serious

offering – not the token three rooms and one uninterested therapist that some hotels deem adequate. No, this one has a pool, a relaxation area and multitudinous treatment rooms. It has a café selling healthy meals and delicious smoothies (be warned, the former take a while to arrive as they come up from the main kitchen). The gym has enough equipment for even the most hardcore exercise fanatic.

The treatment menu, too, has something for everyone. If you are seeking relaxation, Espa and Oskia have that covered; I had the Rebalance and Restore Treatment (£175 for 1hr 50min), which was total

bliss. If you are feeling in need of serious rejuvenation, try a Hydrafacial. Approved by dermatologists, it delivers visible results using a hand-held device that suctions grime out of your pores while pushing in ingredients with moisturising, radiance-boosting and protective qualities. (Be warned, sensitive types might not tolerate it – but it's especially good for the acne-prone.) I also booked a power yoga session with Andrea Symons, perfectly pitched for my ability (low).

Outside the spa, there's a suntrap where you can soak up the rays away from the hustle of the main pool. And, if you so desire, order a drink – for there's nothing punitive about

The Grove's approach to wellness. If you're the kind of spa goer who likes a mimosa after their massage, this is the place to go. Puritans need not apply.

THE GROVE (01923 807807; thegrove.co.uk) Chandler's Cross, Hertfordshire WD3 4TG. Rooms from £265 per night B&B.

BEAUTY FOR (RICH) BROS Acupuncture facials are increasing in popularity – especially among men, it seems. Perhaps it's the no pain, no gain ideology – but whatever the reason, the beau monde of the capital are booking with David Peters at The Bulgari Spa for his "Custom Rejuvenating Facial". But what does that entail?

First there is a sculpting massage, followed by acupuncture, and finally LEDs are used to stimulate collagen, increase the radiance of the skin and dial down any inflammation. My tester (influencer Anastasios Moiras) said the treatment gave his skin extra elasticity and the kind of glow that products did not. Very sharp.

THE GROVE LETS YOU SOAK UP VITAMIN D, DINE AL FRESCO AND EXPERIENCE SERIOUS REJUVENATION Custom Rejuvenating Facial with Cosmetic Acupuncture; £290 for 1hr 10min at The Bulgari Spa (bulgarihotels.com).

Elegant: The Grove in Hertfordshire

ROSIE GREEN INSTAGRAM

| 3th MAY / Followers: 8,469





SPAS

The best spas in the UK for the ultimate rest and relaxation

Aaaaand relax!

Is there anything better in life than slipping into a fluffy white robe and slippers and indulging in a serious pampering session? Nope, we can't think of anything either.

That's why we've carefully selected the best spas across the UK that will offer you that rest and relaxation you crave away from the hustle and bustle of everyday life.

Whether you're spending a weekend away with the girls or want to retreat to a cosy haven and take a few days to yourself, we've got it covered from Scotland right down to Devon. Go on, you deserve it...

Willing to travel further to get your rest and relaxation? Here are our guides to the best spas in Europe and the best spas in the world.



+

The Grove, Hertfordshire

The Vibe

A country house retreat, set in 300 acres of green parkland turned golf course that quickly quenches cravings for green, natural space. Located in Hertfordshire, on the outskirts of Watford and just 18 miles from central London, it's an easy spa commute if you're in need of a quick relaxation fix. The options on offer allow you to curate your own experience - if you want boutique opt for a room in the old house or for modern luxe space book into the new wing. Then make the most of the facilities; lounge by the outdoor pool with the Sunday papers or tee off for a quick round before breakfast. Our favourite spot is Sequoia Spa, a beauty editor's fave for its calming black pool, expert therapists and extensive treatment menu. Then refuel in one of three restaurants that offer pub grub to chichi modern British sharing tapas, or the newly refurbished Glasshouse with 8 chef stations.

Come with...

Your partner in spa and chill or the golf pro in your life.

Hero Treatment...

The Espa Rebalance and Restore Treatment is the antidote to city burn out. This full body treat includes a personally tailored, full-body massage with herbal poultices and warm aromatic oils and invokes total relaxation, coaxing back a deep sense of wellbeing. If a facial is more your thing try the Espa Natural Face Lift Facial that detoxes, sculpts and releases tension through invigorating massage, use of Jade rollers and the natural skincare benefits delivered by Espa's Tri-Active Advanced Probiome range.

You'll leave feeling...

Relaxed, restored and like want to come back ASAP for some more of the same.

WE ARE TWINSET INSTAGRAM

13th MAY / Followers: 123,000



wearetwinset Following ...

2,424 posts 123k followers 4,526 following

Sarah & Philippa
Outfits • Twinning • Inspo
Sarah Tankel Ellis & Philippa Bloom Ross
YouTube : We Are Twinset
www.wearetwinset.com



freetime

Friday, May 17, 2019
YOUR LOCAL LEISURE GUIDE

Food hall style restaurant reopens at five-star hotel

Five-star hotel The Grove has officially reopened the doors of the newly refurbished The Glasshouse restaurant.

Situated at the heart of the luxury hotel, the newly renovated restaurant offers an experience inspired by food-hall style dining.

For a start, diners can sample a variety of dishes combining international flavours,

fresh produce and the talents of a team of

specialist chefs.

Executive Head Chef Stephen Wheeler launched The Glasshouse when the hotel opened 15 years ago. Now having spent years overseas gaining international experience, he has returned to helm The Glasshouse.

Having lived in Asia for several years, leading some of the best restaurants including Six Senses Laamu, Wheeler has drawn upon his experience of the region's focus on fresh, seasonal produce to introduce a range of new dishes and cooking techniques to provide diners at The Glasshouse with a huge range of options. Guests can watch the chefs in action at the live cooking stations, and the range of food includes meat and fish options as well as vegetarian and vegan dishes.

Wheeler said: "It brings me great pleasure to oversee the relaunch of The Glasshouse, and we couldn't be more excited to showcase this new innovative dining experience to guests. We've introduced so many new cooking stations and methods, as it was crucial to us that we provide guests with a fantastic range of options at a superior quality. It's an interactive and fun way of eating."

Within the newly refurbished The Glasshouse is the new The Glasshouse Bar, with views overlooking the garden terrace. The bar offers a wide source of carefully



Photos by ChrisTubbs

sourced spirits, beers and wines, with the intention of operating a zero-waste policy wherever possible. The drinks menu features a diverse range of cocktails usually locally sourced ingredients, including those found in The Grove's Walled Garden.

The Glasshouse is open for breakfast (7am - 10.30am), lunch (12.30pm - 2pm) and dinner (6pm - 9.30pm), as well as afternoon tea in The Glasshouse Bar (1.30pm - 4.30pm). Lunch starts at £42 per person, with dinner from £49 per person.

For more information about The Grove, visit www.thegrove.co.uk or call 01923 296010.



Continue the magic at Harry Potter apartment

A new Harry Potter-themed apartment will allow Warner Bros. Studio Tour visitors to continue the magic after leaving the attraction.

At Wizards Welcome, a five minute drive from the tour, you can select which house colours you would like to be displayed, explore the wizarding dorms, and settle down in front of the TV to watch the Harry Potter movies.

Whether you are Gryffindor, Hufflepuff, Slytherin or Ravenclaw, the apartment is

designed for families to continue the magic and have a magical evening.

The apartment has a bedroom with two single beds themed with Harry Potter memorabilia, and a second bedroom with super-king-sized beds for parents to unwind after a day exploring the tour.

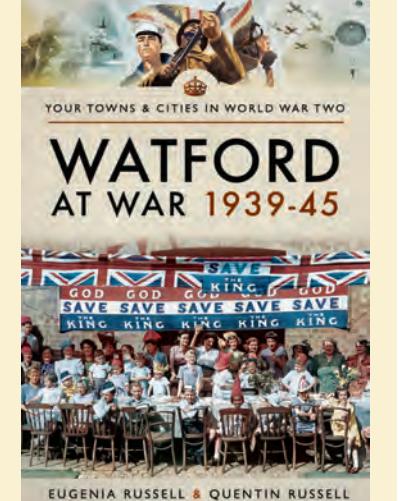
The apartment also has an Apple TV, free Wi-Fi, full kitchen facilities and lounge areas.

For more information and to book, visit wizardswelcome.co.uk.



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Husband and wife team write war book



EUGENIA RUSSELL & QUENTIN RUSSELL

A husband and wife writing team from Bushey have penned a book exploring life in Watford during World War II.

Eugenia and Quentin Russell's new book, *Watford at War 1939-45*, details the effects of the war on the town due to its history of light industry and its proximity to London, and includes rarely seen archival photographs.

Dr Eugenia Russell is a lecturer in history at St Mary's University, Twickenham, and her husband, Dr Quentin Russell, is an art historian, writer and producer. They live in Bushey and have previously written books including *Watford and Southwest Herts in the Great War*.

World War II was total war. Every aspect of everyday life was a contribution to the war effort and every individual, from small children, to women and the elderly, joined those in active military service in propelling the nation to victory.

Watford at War brings the reader closer to the experiences of the local population during this time of unprecedented challenges.

Local regiments, the Home Guard, women volunteers, the involvement of schools and hospitals, evacuees, conscientious objectors, spies and prisoners of war, all come alive on the page and tell the story of a town determined to make the most of life during the war years.

Illustrated with archival and modern photographs, *Watford at War 1939-45* is a fascinating read for everyone interested in the social history of the area, as well as readers looking for material on the history of World War II at home.

Watford at War 1939-45 by Eugenia and Quentin Russell is published by Pen & Sword Military and is available now.

BOUTIQUE HOTELIER

17th MAY / MUU: 15,000

BOUTIQUE
HOTELIER

FIRST LOOK: The new Glasshouse Restaurant at The Grove reopens after three-month closure

◆ DESIGN / FOOD & BEVERAGE / HOTEL MANAGEMENT by ZOE MONK on MAY 17, 2019

f FACEBOOK

t TWITTER

in LINKEDIN



The Glasshouse Restaurant at The Grove in Hertfordshire has reopened after a three-month closure that has seen the space completely renovated.



Executive head chef Stephen Wheeler, who launched the hotel's restaurant when it opened over 15 years, is back at the helm of the kitchen to relaunch the 'elevated, contemporary' restaurant.

He has drawn on his experiences in Asia to produce new dishes, while live cooking stations invite guests to watch chefs prepare their food.

The five-star hotel closed the doors to its restaurant in mid-February to invest in creating a new look spearheaded by Martin Hulbert Design, who has been in charge of The Grove's interior design since the hotel first opened.

The Glasshouse has been completely redesigned, inspired by food-hall style dining.

Story continues below

Advertisement



Stephen Wheeler, executive chef at The Grove, commented: "It brings me great pleasure to oversee the relaunch of The Glasshouse, and we couldn't be more excited to showcase this new, innovative dining experience to guests. We've introduced so many new cooking stations and methods, as it was crucial to us that we provide guests with a fantastic range of options at a superior quality. It's an interactive and fun way of eating."

Within the newly refurbished The Glasshouse, is also the new The Glasshouse Bar, which sits in its original location, but with a new addition of a glass extension connecting it to the terraces and garden.

BOUTIQUE HOTELIER NEWSLETTER

17th MAY / Subscribers: 7,000



TOP STORIES »



FIRST LOOK: The new Glasshouse Restaurant at The Grove reopens after three-month closure

The five-star hotel closed the doors to its restaurant in mid-February to invest in creating a new look spearheaded by Martin Hulbert Design



HOTEL F&B

17th MAY / MUU: 19,196



The Grove re-opens The Glasshouse

The Grove, a five-star hotel in Hertfordshire, has re-opened its refurbished restaurant - The Glasshouse.

The refurbishment was carried out by award-winning Martin Hulbert Design and inspired by food-hall style dining.

For a set price, diners can sample dishes offering international flavours and fresh produce prepared by a team of specialist chefs.

Executive head chef Stephen Wheeler launched The Glasshouse when the hotel opened just over 15 years ago. Having spent many years overseas, he has returned to re-open the restaurant.

Having lived in Asia for several years and leading restaurants including Six Senses Laamu, Constance Moofushi and The Sun Siyam Iruvah, Wheeler has drawn upon his experience from the region's focus on fresh, seasonal produce to introduce dishes and cooking techniques to provide diners with many options.

Wheeler says: "It brings me great pleasure to oversee the relaunch of The Glasshouse, and we couldn't be more excited to showcase this new, innovative dining experience to guests. We've introduced so many new cooking stations and methods, as it was crucial to us that we provide guests with a fantastic range of options at a superior quality. It's an interactive and fun way of eating."

Within the restaurant is also the new The Glasshouse Bar, which sits in its original location, but with the addition of a glass extension connecting it to the terraces and garden. Guests can have drinks overlooking the garden terrace and the bar offers cocktails using locally sourced ingredients found in The Grove's Walled Garden.

Lunch starts at £42 per person, with dinner from £49 per person.



marie claire

Come here for



Home / Life / Travel

Easy Escape. The Grove, Hertfordshire



Marie Claire

May 17, 2019 3:40 pm



ABSOLUTELY MAMA

22nd MAY / Circ: 30,000



Just Relax

Absolutely Mama discovers the spa destinations to bookmark this year

Words HELEN BARON

The Hotel
Home to one of the UK's most prestigious golf courses and the former seat of the Earls of Clarendon, The Grove offers luxury on a palatial scale. It's an oasis on London's northwest fringe, and we mean that literally: at its heart is a beautiful walled garden enclosing lawns, a man-made beach and an exceptionally inviting outdoor pool. There's also a charming conservatory that runs the width of the garden. Decked out in luxe industrial style, it houses a jungle's worth of exotic plants, a supervised kids' play area, an indoor family pool and the newly refurbished Glasshouse restaurant.

The Spa
The Grove is all about facilitating full relaxation, and nowhere is this more apparent than the award-winning spa – definitely one of the best we've visited. The styling is sleekly contemporary throughout, and facilities include heat

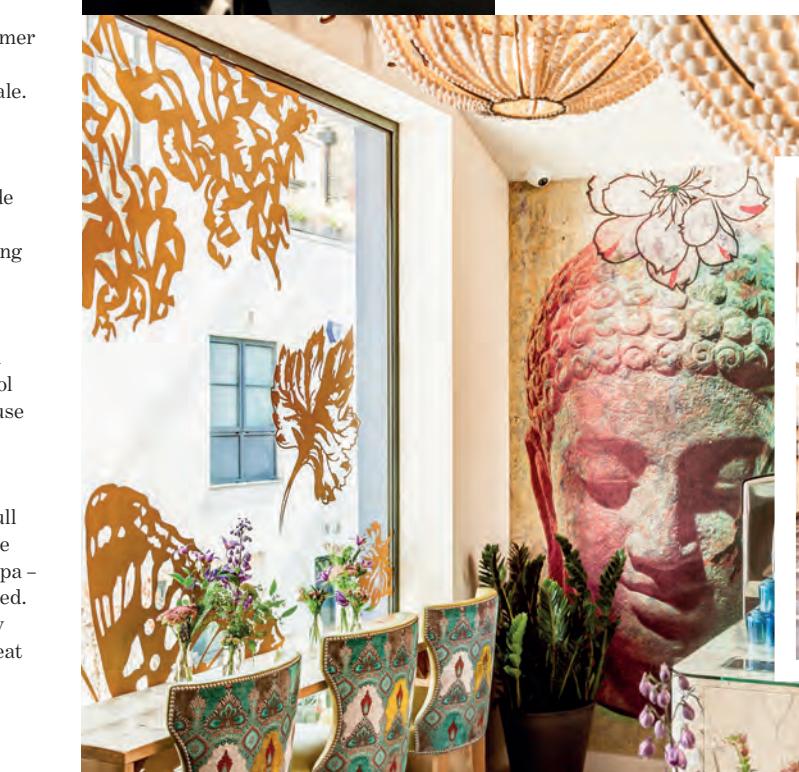
Best For Families
THE GROVE

Facilities for families
To make full use of the hotel's amenities, book younger kids into Anoushka's, the on-site, Ofsted-registered day nursery, which doubles as the hotel's creche. Our littlest loved the newborn ducklings and soon made friends with the class. It's not just babysitting though: fun and inspired touches show that family needs have been given ample consideration throughout the hotel, from complimentary swim nappies in the family pool changing rooms to mini bathrobes and Petit Prince toiletries in the rooms. Speaking of which, the accommodation is excellent for families: rooms are spacious and you can book adjacent ones, so that everyone has enough space while remaining happily connected.



escapes SPAS

"It's an oasis on London's northwest fringe, and we mean that literally"



CLOUD TWELVE

The deal
Cloud Twelve is one of a kind. A stylish wellness and lifestyle club set over three extensive floors in the heart of Notting Hill, it's our new number one place to head for an indulgent spa day without leaving the capital. The wellness clinic, spa treatments and vegan brasserie are open to non-members, while members can make use of the amazingly designed family space, which includes activity classroom and a magi forest-themed playground. Developed in conjunction with an Early Years specialist, the latter is designed to inspire parents and children to play and explore together or independently. Every detail seems to have been considered – and if you want to enjoy a bit of me-time, Ofsted-registered play buddies are on hand to take care of the children.



BRITAIN

30 best hotels in the UK to book for summer 2019

Whether you want to stay by a lake in Cumbria or on the coast in Cornwall, these are the best places to book now

Gemma Bowes

May 25 2019, 12:01am,
The Times



Barnsley House, Gloucestershire (I)
ALAMY

6. The Grove, Hertfordshire

The 18th-century former home of the Earls of Clarendon, the Grove is set in 300 acres of stunning park and woodland within the M25. The rooms are smart (the mansion suites are the most romantic), but the real treat lies beyond the mansion: a world-class golf course, a walled garden (with deckchairs) and indoor and outdoor heated pools. There's also a seriously cool spa – which features a virtual-reality experience on its expansive menu of Espa and Natura Bissé treatments – and a new restaurant, the Glasshouse.

Details B&B doubles cost from £295 (01923 807807, thegrove.co.uk)

