# The Stables



### Starters

Walled Garden 'soupe du jour'	£7.50
using offerings from our home-grown produce (v)	
Asian style salad	£9.50
Asian style salad of summer vegetables, roasted cashews with crispy beef and sesame & ginger dressing	
(ce, fi, g, nu, sd, se, so)	
Minted Charentais melon	£9.50
with feta cheese, shaved Walled Garden fennel and pomegranate seeds dressing (v, d, sd)	
Endive salad	£9.50
Endive and baby spinach with caramelised walnuts, conference pears and gorgonzola (v, d, mu, nu, sd)	
Burrata di buffala	£9.75
cream filled mozzarella with Italian white peaches, basil and toasted pine nuts (v, d, nu, sd)	
Char-grilled marinated squid	£10.00
with wild rocket, chilli mayonnaise, Walled Garden mint and coriander (e, mo, sd)	
Pressed terrine of chicken	£10.00
with baby leeks, apricots and tarragon with a house-made spiced chutney (sd)	
Plate of Scottish smoked salmon	£10.50
with a soft herb, capers and shallots dressing, half lemon and buttered brown bread (d, fi, g, sd)	
Isle of Wight tomato gazpacho	£10.50
with hand-picked Dorset white crabmeat and micro coriander (cr, d, g, sd)	
(0, 4, 6, 04)	

## Mains

Hand-made spinach and goats cheese tortellini	£16.50
with a herb butter and almond broth (v, d, e, g, nu)	
The Stables 'home-made' pie of the day	£18.50
puff pastry pie with pomme purée, baby carrots and watercress (ce, d, e, g, mu)	
Char-grilled whole Brixham plaice	£19.00
with tender stem broccoli, roasted lemon and béarnaise sauce (d, e, fi, sd)	
Beer battered catch of the day	£19.00
with seasoned fries, tartare sauce, pea purée and lemon (d, e, fi, g, sd, so)	
Rotisserie roasted marinated chicken	£19.50
with courgettes, Florence fennel, tropea onions and chilli (ce)	
The Stables 220g prime beef burger	£19.50
served in a brioche bun with braised red onions, Applewood cheddar and seasoned fries (d, g, sd)	



### Mains

#### Pan-roasted lamb cutlets

with lime, apple and golden raisin couscous with pickled pears (ce, g, sd)	£23.00
Linguine	
with lobster, shallots, tomatoes, garlic, chilli, tarragon and a lobster bisque sauce (ce, cr, d, fi, g)	£24.00
250g Beef Sirloin	
our beef is selected and hand cut by Donald Russell, Scotland's finest butcher	£25.00
300g Beef Rib Eye	
our beef is selected and hand cut by Donald Russell, Scotland's Finest Butcher	£30.50
Steaks are served with seasoned fries, watercress, field mushrooms, fresh horseradish (d, e, sd)	
Add your choice of one sauce for £1.50 - BBQ (d, mu), peppercorn (d, ce, sd), Hollandaise (d, e, sd),	
Béarnaise (d, e, sd) or jus (a, ce)	

#### Sides

Seasoned fries	€4.00
Sugar snaps with baby shoots	€4.00
Minted new season potatoes (d)	€4.00
Mixed leaf salad (sd)	€4.00
Roasted cauliflower with tarragon (d)	€4.00
Isle of Wight tomato salad (sd)	€4.00

All dishes are subject to seasonal changes All prices are inclusive of VAT

Please note a 12.5% discretionary service charge will be applied to your bill

Many of our dishes can be adapted to meet any dietary needs. If you have a food allergy or special dietary requirement, please inform a member of the hospitality team prior to ordering.

111101	in a member of the hospitality	team prior to ordering.
(v)	Suitable for vegetarians	(mu) Contains mustard
(a)	Contains alcohol	(mo) Contains molluscs
(cr)	Contains crustaceans	(nu) Contains nuts
(g)	Contains gluten	(fi) Contains fish

(d) Contains dairy(sd) Contains sulphur dioxide(e) Contains egg(so) Contains soya

(ce) Contains celery

