

# Set Menu



THE STABLES

Available Monday to Friday. Select 2 courses for £22.50 or 3 courses for £28.00.

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## Starters

### **Isle of Wight tomato gazpacho**

with fresh herbs (v, g, sd)

### **“Superfood salad”** (v, d, mu, nu, sd)

watercress, sweet potatoes, broccoli, avocado, quinoa, walnuts, pomegranate, feta cheese, balsamic and lime dressing

### **Torched mackerel fillet**

with tomato, Kalamata olives and herb salsa (fi, sd)

### **Celeriac remoulade, smoked salmon on toasted ancient sourdough • £5 supplement**

(ce, e, fi, g, mu)

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## Mains

### **Pan-fried sea trout**

with a pea & chorizo fricassée and a lemon & caper dressing (fi, sd)

### **Slow-cooked chicken supreme**

with parsley mash, green beans and tarragon butter sauce (d, sd)

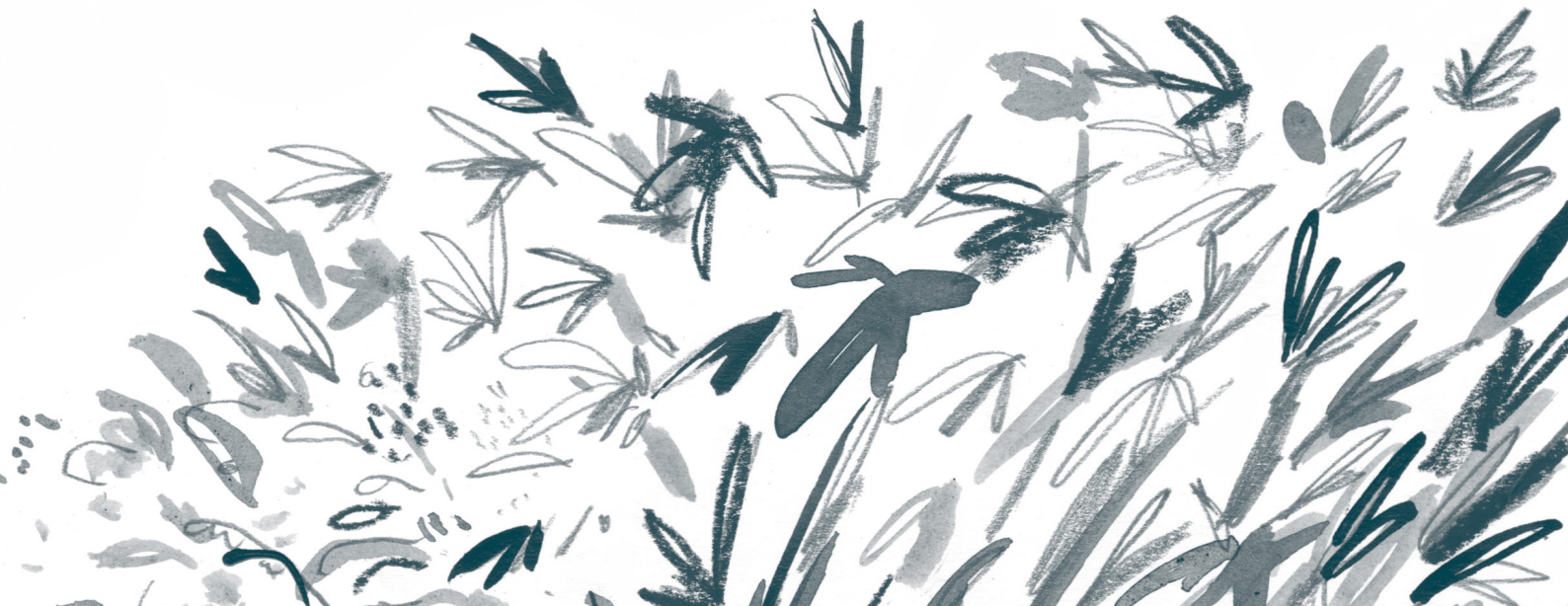
### **Summer vegetable lasagne**

with dressed rocket and sauce Neapolitan (v, g, mu, sd)

### **Gressingham duck breast • £6 supplement**

with minted pea purée, vegetable concassé and blackberry jus (a, d)

Turn over for desserts



# Desserts

**Strawberry consommé, elderflower parfait** (d, e, fi)

**Vanilla custard, poached peach, toasted oat** (v, d, e, g, nu)

**Selection of ice cream (3 scoops)**

3 scoops of vanilla, strawberry, chocolate or honeycomb (v, d, e)

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**All dishes are subject to seasonal changes**

**All prices are inclusive of VAT**

**Please note a 12.5% discretionary service charge will be applied to your bill**

Many of our dishes can be adapted to meet any dietary needs. If you have a food allergy or special dietary requirement please inform a member of the hospitality team prior to ordering.

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|-------------------------------------|--------------------------------------|
| <b>(v)</b> Suitable for vegetarians | <b>(mu)</b> Contains mustard         |
| <b>(a)</b> Contains alcohol         | <b>(mo)</b> Contains molluscs        |
| <b>(g)</b> Contains gluten          | <b>(fi)</b> Contains fish            |
| <b>(d)</b> Contains dairy           | <b>(sd)</b> Contains sulphur dioxide |
| <b>(e)</b> Contains egg             | <b>(nu)</b> Contains nuts            |
| <b>(ce)</b> Contains celery         | <b>(cr)</b> Contains crustaceans     |

