

# Watford Observer

## What's on in Watford this weekend, 3rd and 4th November 2018

By Kelly Pells



### Fireworks at The Grove

This year, The Grove hotel will be lighting up the skies for Bonfire Night, as guests and diners will experience a spectacular display of fireworks. Surrounded by 300-acres of extraordinary countryside, the hotel is located away from most light pollution allowing the fireworks to be brighter than

ever. As darkness descends, hotel residents and restaurant guests alike are invited to wrap up warm and head out to enjoy the breath-taking display. There will be delectable hot chocolates and indulgent Irish coffees available to warm up cold hands, as well as sticky churros as an extra treat. Fireworks are only open to those dining or staying at the hotel.

*The Grove Hotel, Chandler's Cross, Saturday, November 3, 8pm. Details: [thegrove.co.uk](http://thegrove.co.uk) 01923 807807*

## ELLE Edit: The Best Days Spas In The UK

Sauna, steam, champers, done.

ELLE BY ELLE BEAUTY TEAM 13/11/2018

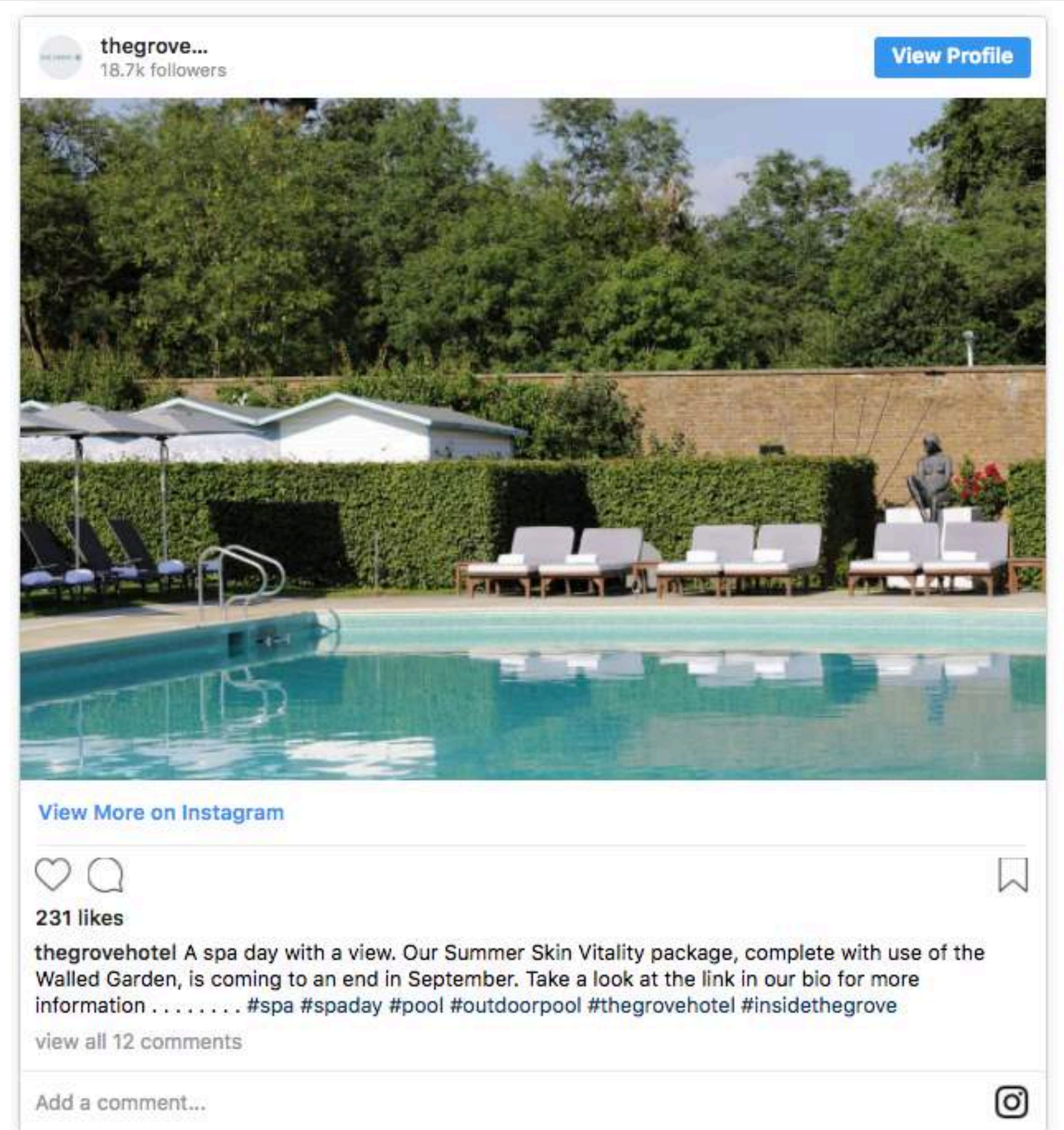


Is there anything better than a spa day? Answer - no. Ok, maybe duvet days. But mainly, no.

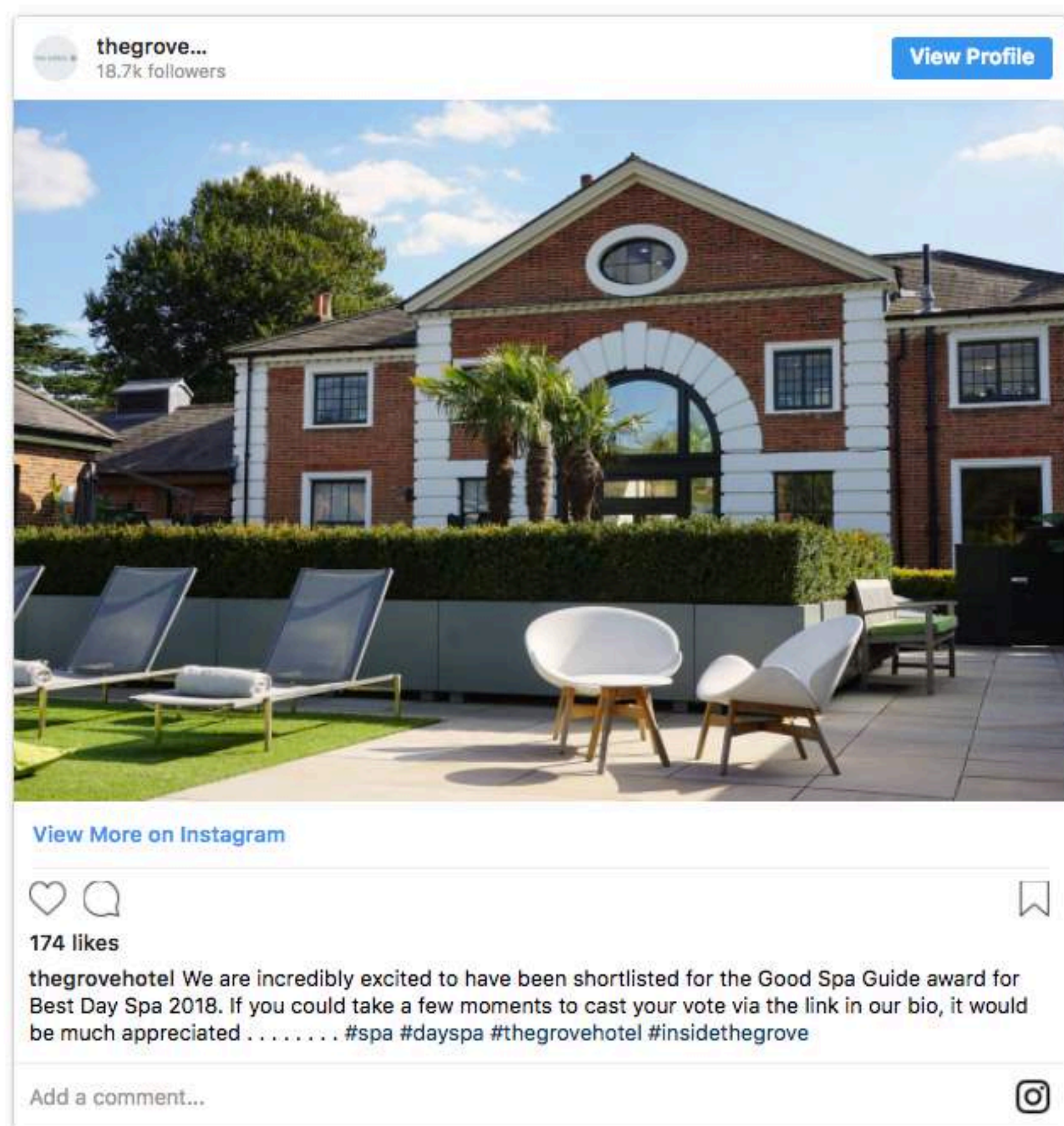
The ideal reason to leave your emails in the office, give your [skin](#) some much-needed pampering and legitimately wear a dressing gown all day, a trip to a bouji spa is a guaranteed [mood booster](#).

But, it's also a little more expensive than popping to your local leisure centre for a swift steam and [swim](#). Which means, if you're going to spend your hard-earned [cash](#), you want it to be on the best spa days in the biz.

Read on for the ELLE edit of the best UK day spas you need to visit ASAP.



**SEQUOIA AT THE GROVE, HERTFORDSHIRE**



## Spend your time...

Hanging out at one of their two pools. If it's raining, try the decadent 22 metre black mosaic swimming pool inside the spa (we're not sure why it feels more luxurious, it just does). Even if it's cold, the outdoor pool is heated and you'll be surrounded by giant chess boards and trees trimmed to perfection.

## The cost?

Prices start from £165 (no treatments), or £240 (includes two 55-minute treatments).

## The vibe?

An Alice In Wonderland-esque village just 40 minutes from London. You'll find, for example, a life-size topiary giraffe and giant deckchairs dotted about the place.

## Luxe points out of 5?

4

## If you're going to splurge on one treatment it should be...

From simple manicures to treatments that use virtual reality to fast-track you into a state of relaxation, there's something for everyone. I chose 'Rebalance and Restore' (£175 for 1 hour 50 minutes), which includes a full body exfoliation, body massage (with warmed poultices), facial cleanse and head massage (plus quite a lot more).

The therapist spent ten minutes asking about my skin type, and if I had any trouble spots or pains, and then altered what products she used based on my answers – a small but inclusive gesture.

## Any fun changing room extras?

Before your treatment you're brought into a 'relaxation room', which has extremely comfy adjustable beds, ice-cold water on tap and a very soothing fish tank. Afterwards you can hang out there for as long as you like.

## Worth the money?

It's pricey, but again the settings are spectacular – you get more than just the massage for your money.

[BOOK YOUR SEQUOIA SPA DAY HERE](#)