## **BENTO BOX MENU**

SOUP (served with bread rolls (GW, N))

Curried carrot and coriander soup (Ve) ~ Chicken noodle broth (D, E, GW, Se, So) ~ Butternut squash soup (D,V) ~ Leek and potato (D,V)

## SOMETHING TO FOLLOW

Roasted vegetables salad with a smoked aubergine puree, pine nuts served with a lime and coriander dressing (GW, N, Sd, Se, Ve)

Succotash salad - mixed bean salad with feta, avocado, gem lettuce, with a honey & balsamic dressing (D, Sd,V)

Seared mackerel, celeriac remoulade with a pickled apple and beetroot salad (Ce, E, F, GW, Mu, Sd)

Tabbouleh, kale and chickpea salad with cranberry dressing (GW, Sd, Ve)

Chicken Satay salad (N, So)

## SOMETHING TO FINISH

Vanilla tapioca, jasmine infused mango and coconut chips (Sd, So,Ve) ~ Blackberry and Bramley apple mousse (D, E, G, Ge, Sd, So) ~ Nyangbo 68% chocolate mousse with caramelised pear and hazelnuts (D, E, G, Ge, N, Sd, So) ~ Fresh fruit salad with honey yoghurt (D,V)

> (V) suitable for vegetarian, (Ve) suitable for vegan, (Ce) celery, (D) dairy, (E) egg, (G) gluten, (GW) gluten wheat, (Ge) gelatine, (F) fish, (Mu) mustard, (N) nuts, (Se) sesame, (So) soya, (Sd) sulphur dioxide

Our menu contains allergens. If you suffer from a food allergy or intolerance, please let a member of the Juice Bar team know upon placing your order.

## SOMETHING TO START

Grilled haloumi with a Moroccan couscous salad (D, GW, Mu, Sd, V)

Hot smoked salmon with avocado and quinoa salad served with a citrus and dill dressing (E, F, Sd)

Parma ham and melon with orange infused fennel served with a walnut and chive dressing (N, Sd)

Spiced lentil, sweet potato & cauliflower salad with a coconut and mint yoghurt (So,Ve)

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